50 Practical Gift Ideas

- Grip Socks
- Plastic bag handle gripper
- First Aid kit
- Flashlights and batteries
- Smoke detectors
- Medicine Organizer
- Remote car starter
- Blanket for car
- Cross-cut shredder
- Telephone with large buttons
- Garage Door Opener
- Sturdy Step stool
- Raised toilet seat

- Color code for keys
- Universal TV remote control
- Medic Alert ID bracelet
- Long distance phone card
- Carbon monoxide detectors
- Emergency kit for car
- Ice Melt for sidewalks
- Ground Fault Interrupter electrical receptacle
- A-B-C Fire extinguisher
- Portable (cordless) telephone
- Electric Power strips
- Hand-held shower
- Bath or shower seat
- Reflective vest for safe walking outside
- Grip Mat or non-slip strips for Tub/Shower
- Motion detector lights for outside walkways
- Grab bars in and out of tub, and by the toilet
- Answering machine with call waiting and caller ID
- Grip Mat for under area rugs or non-skid area rugs
- Nightlights for bathrooms, bedrooms and hallways
- · Hand railings installed on both sides of all stairwells
- Energy efficient light bulbs for most frequently used lamps
- Emergency flashing light- Check with your local Triad officer
- Reflective house numbers- Check with your local Triad officer
 - File of Life- Check with your local Triad officer
 - My Guardían Angel Personal Response System

GIFT CERTIFICATES:

- Heating Oil
- Your favorite restaurant (s)
- o Supermarket or drug store
- Car tune up or oil change
- o Car wash
- Annual car inspection
- o Automotive store for wiper blades, car battery, windshield washer fluid
- Shoveling or snow plowing
- o House cleaning
- Newspaper subscription
- Cable TV subscription
- Pet food, pet care or dog walking
- Hairdresser or barber

This information was provided by:

My Guardían Angel
Personal Response Systems

Call: 413-624-0200 Toll free: 800-624-0200